

Navy Yacht Club Long Beach Sailing Instructions for Sprint or Starting Clinic Races Only

1. Rules

- 1.1 The regatta will be governed by *The Racing Rules of Sailing for 2017 - 2020* (RRS), The prescriptions of the United States Sailing Association, the rules of the participating classes, the notice of race, except as any of these are changed by the sailing instructions, and by these sailing instructions.
- 1.2 PHRF class boats must use their Area "C" Rating according to NOR.

2. Notices to Competitors

- 2.1 Any additional instructions will be posted on the bulletin board before 1000 hours on the day of the race or be given orally before the race from the committee boat.

3. Communications

- 3.1 All Regatta radio communications will be over Channel 68. All boats shall monitor this frequency.

4. Changes in Sailing Instructions

- 4.1 The Principal Race Officer may give oral instructions from the race committee boat or using the radio on channel 68.

5. Eligibility and Schedule of Races

- 5.1 The Notice of Race establishes eligibility requirements. The race committee reserves the right to modify the schedule by either written or oral notices.

6. Class Flags Identification

- 6.1 For class identification each boat shall display an International Numeral Pennant from her permanent Backstay, unless amended by the SI for that race: PHRF A Spin "Two", PHRF B Spin "Five", PHRF C "Seven", Non-Spinnaker "Four", One-Design "None Required".

7. Starting Schedule

- 7.1 The warning times, starting order will be posted on the bulletin board 1800 hours the evening prior to the race.

8. Course

- 8.1 The course will be selected from those on the Navy Regatta Course Chart for that race and displayed by number pennant on a staff or on a white board displayed on the Committee Boat.
- 8.2 All marks shall be rounded to port.

9. Start

- 9.1 Races will be started using rule 26 with the warning signal given (5) five minute before the starting signal.
- 9.2 There will be one start for each Class.
- 9.3 The starting line will be a straight line between two marks on the port side of the race committee boat with one mark on aboard.
- 9.4 Contestants shall stay clear of the starting area and the boats maneuvering to start, until their preparatory signal and shall not sail within 100 yards of the starting line until the warning signal for their class. Only the race committee may protest violations of this instruction.

10. Recalls

- 10.1 Individual recalls will be signaled using rule 29.1. Sail numbers will not be hailed.
- 10.2 A general recall will be signaled using rule 29.2. When a general recall has been signaled, the start(s) for the succeeding class will be delayed accordingly. Courses may change for the recalled class.

11. Finish

- 11.1 The finish line will be a straight line between two marks on the starboard side of the race committee boat with one mark on aboard.

12. Penalty System

- 12.1 After getting well clear of other boats as soon after the incident as possible, a boat takes a One-Turn Penalty by promptly making the required turn in the same direction, each turn including one tack and one gibe. When a boat takes the penalty at or near the finishing line, she shall sail completely to the course side of the line before finishing using rule 44.2.

13. Time Limit

- 13.1 The time limit will be one hour. No boats will be finished after that time.

14. Protest and Mediation and Requests for Redress

- 14.1 A protesting yacht must fly a Bravo flag and hail the protested boat immediately if possible and notify the committee boat after the race.
 - 14.1.1. Protests shall be written and delivered to the Race Committee immediately or no later than one hour after the last boat is finished after the race. The protest committee will meet after the race at Navy Yacht Club Long Beach, if necessary.

15. SCORING

- 15.1. The Low Point Scoring System of Appendix A will apply.
- 15.2. A DNF (Did not finish) shall score points equal to the number of starters. A DSQ (Disqualified) and OCS (On Course Side) will score the number of starters plus one. A DNC (Did not come to the starting area) or DNS (Did not start) will score the number of entries in her class in the series or individual race. A DNF boat not reporting herself as a DNF to the race committee within 10 minutes after the last boat finishes shall be scored DNC.

16. TROPHIES

- 16.1. Trophies will be presented at Navy Yacht Club Long Beach for each class for each race one Daily First. Trophies for the Series, each class: 5 boats (2), 8 boats (3), 12 or more (4).